



**St Joseph's  
Outreach  
Services**

Shelter | Opportunity | Support

## **SJOS VOLUNTEERS NEWS | MARCH 2022**

### ***NEW COVID SAFE PLANS***

From Saturday 26 February 2022, the COVID Restrictions have been eased and SJOS COVID Safe Plan has slightly changed. However, the health and safety of both volunteers and visitors remains a priority for SJOS. To ensure everyone's welfare, we encourage double vaccinations and boosters, plus the use of masks, the importance of social distancing and hand sanitisation.

### ***THE SJOS FOOD STORE***

There are now updated safety notices in the Food Store and we ask that everyone takes the time to read and review. Although the use of masks has been lessened, SJOS would like to encourage all Volunteers in the Food Store to continue to wear a mask, as well as maintain hand sanitation and social distancing. There are masks available in the Food Store and all volunteers should feel empowered to ask visitors to wear a mask, if necessary. The Food Store visitors, in the main, understand the rules and they will abide by a friendly request.

### ***SJOS FOOD STORE PURCHASING***

Each Monday, there is a stocktake of the items in the food store. Food is either purchased that night, or ordered for delivery later in the week, in time for the weekend store openings. There are still issues with the availability of some food items and we simply cannot get all the supply we want. Some items are still very difficult to procure and it is hope that the visitors to the store will understand. Please be patience.

### ***THE SJOS FOOD STORE VOLUNTEERS REDISTRIBUTING THE WEEKEND BREAD.***

The weekend Food Store Volunteers are now responsible for the redistribution of the bread from the inside freezers into the 2 Way Freezer. It was found that some bread was being taken in bulk, early in the day, (we hope not for commercial purposes), so it has been decided that the bread bank should not be restocked until early afternoon. The Saturday and Sunday Food Store Volunteers now need to arrive a little bit earlier to move the bread and rolls from the inside freezers into the 2Way Freezer. The Saturday team move half of the bread and rolls into the 2 Way Freezer and the Sunday team move the remaining bread and rolls. Many thanks to the SJOS Food Store Volunteers for supporting this initiative.

### ***THE SJOS GARDEN***

The volunteers in the garden group are growing produce solely for the Food Store and it is important that the Food Store Volunteers take full use of the amazing fresh vegetables and herbs that are available. The harvest details are written on the white board in the Food Store and it is asked that the Food Store Volunteers encourage the visitors to take these healthy fresh alternatives, made available from the garden. If you are not sure what the vegetable or herb can do, please ask Dr Google for some advice. Chives are great in scrambled eggs, and lots of the herbs really bring out the flavour of any stew or casserole dish. A little encouragement in the use of fresh vegetables and herbs will do wonders.

**Please let us know if you need any additional information about your volunteer role at SJOS.**

**Thank You | Outreach Operations Officer | SJOS Board of Management | [info@sjos.org.au](mailto:info@sjos.org.au)**